

Suffering through binge eating, excessive weight gain, feelings of depression, listlessness, anxiety, and imbalance after your shows?

“Now What?!”

Navigating the Post-Competition Blues

Learn how to transition smoothly from one prep to the next or from prep to “real life”. The change in structure can be challenging. Learn the crucial steps for overcoming the negative behaviors associated with the post-competition period.

Register now for the Thu 6/7, 12-1pm ET telecourse with Kori Propst, MS; Perfect Peaking & Diet Doc Mental Edge expert **\$50 each after June 2; Register by June 2 and pay only \$35!**
Sign up for the 3-part series by June 2 and pay only \$99.

Includes: *Beyond Binge Eating & Mastering your Mindset for Competition*

Wed 7/11/12; 12-1pm ET & Wed 7/25/12; 5-6pm ET

AUTHORIZATION AGREEMENT FOR PREAUTHORIZED DIRECT DEBIT OR CREDIT CARD PAYMENTS

I hereby authorize **The Diet Doc LLC** hereinafter called **COMPANY**, to initiate Credit Card charges (preferred) or Direct Debit entries and necessary credit entries for adjustments to correct errors to my credit or debit account noted below:

CREDIT/DEBIT CARD ACCOUNT INFORMATION:

ACCOUNT NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

This authority is to remain in full force and effect until **COMPANY** has received written notification from me of its termination and in such manner as to afford **COMPANY** and **DEPOSITORY** a reasonable opportunity to act on it. **Please fax to: 812-868-8730.**

NAME _____ EMAIL _____

(PLEASE PRINT)

ADDRESS _____ PHONE _____

DATE _____ SIGNED _____

(NOTE ELECTRONIC SIGNATURE IF EMAILED)

Register me for the following telecourses: _____

If paying by check, please include your contact information on this form above. Make check payable to The Diet Doc.

If registering by June 2 receive 20% off (\$35 for 1 session; \$99 for all 3). You will be contacted with the call- in number and meeting ID. The telecourses will be recorded and available to registered participants for playback. Telecourses are non-refundable from the date of purchase.